# **HOLIDAY PROGRAM, April 2021 (and term 2)**

## **Hooked on Running Juniors**

Week beginning	Training Sessions	Races
5th April	Tue, 5pm-6pm, Narrabeen Track	Sat, <u>Park Run</u> , Curl Curl or Willoughby, 7am, 5k
	Thur, 5pm-6pm, Lionel Watts	Sat, <u>Holiday XCountry.</u> Melwood Fields, 4pm
	Sun, 730am, Narrabeen Lake	Sat, <u>The Grass Games</u> , Rotary Field, Chatswood
12th April	Tue, 5pm-6pm, Narrabeen Track	Sat <u>Park Run</u> , St Ives, 8am, 5k
	Thur, 5pm-6pm, Lionel Watts	Sat, <u>Holiday XCountry</u> , Aquatic Reserve, 4pm
	Sun, Oxford Falls Firetrail	Sun, <u>Lindfield Fun Run</u>
Term 2		
19th April	As per term 1	Sat, <u>Park Run</u> , Curl Curl or Willoughby, 7am, 5k
		Cross Country Series 2 Race 1, Melwood Fields, 4pm
26th April	As per term 1	Sun 2nd May, <u>Sydney</u> 10includes 2k & 5k
4th May - 21st June	As per term 1	Details to come

#### Fees

### Holiday Program - 2 weeks

- 1 session or race per week > \$29
- 2 sessions or race per week > \$54
- 3 sessions or race per week > \$75

### Term Program - 10 weeks

- 1 session or race per week / \$145
- 2 sessions or races per week / \$270
- 3 sessions or races per week / \$375

#### **Bank Details**

Bank: ANZ

Account Name: Richard Sarkies and Kirsten Todd

BSB: 012330

A/c number: 564203903

#### Note

- No Hooked on Running charge for Grass Games, Lindfield Fun Run, Park Run, Sydney 10......there will be entry fees for these via event website (except for Park Run which is a free timed run)
- Park Run....if it's your first one, you will need to register JUST ONCE. You will
  receive a barcode to use at ANY Park Run.....pls click HOOKED ON
  RUNNING as your club when registering
- See timetable above for event and Park Run registration links

### **Meeting Points**

- Narrabeen Track: Sydney Academy of Sport, Wakehurst Pwy, Turnstiles
- **Lionel Watts**: Blackbutt Rd or Glen St entry, between skatepark and clubhouse, eastern end of ovals
- Narrabeen Lake: Middle Creek carpark, Wakehurst Pkwy
- Oxford Falls Firetrail: Morgan Rd, left hand side, approx 1km from Cnr Forest Way/Morgan Rd, on bend just before steep downhill